

# COVID-19: MICANADA SUMMER/FALL 2021 COURSE PROTOCOLS

From now and for the foreseeable future, MICanada will adopt the following protocols on all their courses.

## **Prior to the Course:**

Course Registrants will be required to indicate their acceptance of the online waiver that stipulates that; they are aware of the health dangers associated with contracting COVID-19 and that they voluntarily agree to attend the course, knowing the mandatory safety precautions being implemented by MICanada, and indicating that they agree to follow those precautions, understanding if they do not they will not be permitted to complete the live course. The waiver will also release the hosting venue and cosponsor of any associated liability.

Course attendees must agree in writing to make us aware of any known covid-related matters that could potentially risk the safety of the other attendees, the patients, the hosting clinic staff and the instructor. Such covid-related matters include the attendee's current health condition, as well as any risks associated with close contacts (work colleagues, family, friends, patients) that they have been in contact with recently, that may be exhibiting symptoms or that may have travelled outside of Canada recently etc. Anyone not feeling well prior to or during the course will be asked not to attend and then arrangements will be made for that person(s) to complete the course on a future course date.

## **Live Course Protocols:**

### **PPE:**

All attendees are required to wear at minimum a 3-ply face mask when attending the live in-classroom days. The wearing of goggles or a face shield in ADDITION to a mask will be at the individual clinician's discretion. 2 face masks per day will be made available to all attendees at the course site. Alternatively, attendees can bring their own PPE to the course site as long as it meets the 3-ply criteria. Except when it comes time to eat or drink, face masks must be worn throughout the course. To ensure that everyone's exposure is as limited as possible, refreshments and beverages will not be consumed except during designated break periods.

### **Ventilation/Fresh Air:**

If the venue has the capability of providing access to fresh air in the classroom by opening one or more door or window, (and the weather is conducive to doing so), the instructor will take measures to ensure that there is fresh air is coming into the classroom. Alternatively, the instructor will try to accommodate more fresh air breaks during the course.

### **Instructor:**

The instructor will wear a face mask or face shield when not assessing patients. When assessing patients, the instructor will wear a face mask. The instructor will do his/her best to remain distanced from the attendees throughout the course. However, there will be times during the course that the instructor will need to be in close proximity to the registered attendees, during those times the instructor will be wearing a face mask.

### **Seating:**

The hosting clinic will sanitize the seats prior to the arrival of the attendees, on each day of the course. Each person will sit at the exact same seat daily. Each seat will be placed a minimum of 4 feet apart from the next seat.

**Practical Sessions:**

Practical session buddies will be assigned at the very beginning of the course. The practical session buddy will be the person or persons located within 4 feet of you when seated. This policy will keep the same group of 3 (or 2) people together throughout the course. In the off chance that someone is unknowingly infected with covid, these measures will hopefully help to limit any spread and reduce the amount of contact tracing required.

Each group of practical buddies must use the exact same treatment table throughout the course. During the practice sessions, the treatment tables must be disinfected each time the clinicians switch places to practice on each other. Each practical group is also responsible for wiping down their own treatment table at the start and end of each day. Clinicians can choose to create their own classroom bubble if they are attending with other friends or colleagues. However, they will be required to sit in chairs next to one another and use the same treatment table throughout. Please plan to arrive at the same time to ensure you get seats next to one another. The changing of seats is not permitted once someone has selected a seat. Remember, the seat you choose will determine who you will be partnered with during the practical sessions.

**Computer Devices:**

If you are bringing your computer to an in-classroom day, please ensure it is fully charged.

**Breaks/ Lunch:**

Attendees will be required to bring their own refreshments in a cooler bag, along with their own utensils, and drinking vessel. Attendees will not be permitted to share items with anyone else attending the course. We understand that wearing masks for prolonged periods is tiresome, therefore, the allocated lunch time may be reduced to allow for more “fresh air” breaks throughout the day.

To eat, each person will eat their break/ lunch items at their chair/desk, or outside if weather allows. Depending on the venue used for the course, other options may also be possible. Once attendees have finished eating, they can spend the remainder of their time outside (weather permitting) or at their own chair in the classroom. If the attendees select to remain inside, they must don their mask as soon as they have finished eating.

**Bathrooms:**

Unless the bathroom is a big bathroom, attendees should enter the bathroom one at a time. Others waiting to use the facilities should line up 6ft apart outside the bathroom. Attendees should not remove masks while in the bathrooms. Attendees should use loose paper towels to dry their hands. Hand dryers should not be used. When leaving the bathroom, attendees should leave the bathroom door open for the next person. This will lessen the amount of surface touching. A regular bathroom cleaning schedule will be discussed with the hosting venue.